IV BAR®
a boost from within



What is Intravenous VITAMIN THERAPY?

IV therapy is the process of delivering vitamins, minerals and electrolytes directly into the bloodstream, quickly, safely, and efficiently, via an intravenous drip. Our drips are medically approved and administered by registered nurses. Whether your needs are preventative or reparative, IV therapy is the only process that ensures 100% of the nutrients are absorbed.

benefits of iv nutrition therapy

- Reduce stress & anxiety
- Improve energy & mood
- Reduce fatigue
- Improve the appearance of skin, nails & hair
- Improve mental clarity & memory
- Improve sleep cycles
- Promotes healthier ageing
- Reduce pain & inflammation
- Strengthen the immune system
- Assists in weight loss
- Improves metabolic rate
- Reduce menopausal symptoms
- Improve gut health
- Sports performance & muscle recovery
- Rehydrate & detox
- Reduce hangovers & jet lag

boostme@theivbar.co.za www.theivbar.co.za

OUR DRIPS

Drips can be administered in 200ml and 1l saline (medical conditions apply)	*Half dose*		*Full dose*		*Add-on*
	200ml	*1l*	*200ml*	*1l*	
Jetfuel Our all in one! Boost energy and mood, strengthen immunity, improve skin, better sleep, detox	R650	R675	R1 300	R1 350	
Immune Boost Boost your immune system with high dose Vitamin C	R425	R450	R850	R900	
Energy Boost Boost energy levels, mood, sleep and reduce stress and anxiety	R535	R560	R1 070	R1 120	
Detox Detoxify your body to reduce fatigue and kick start weight loss	R425	R450	R850	R900	
Skin Radiance Even skin tone, reduce pigmentation marks, improve fine lines and wrinkles, healthy glow	R535	R562	R1 070	R1 125	
Sports Endurance & Recovery Enhance sports performance and muscle recovery and reduce cramping	R562	R590	R1 125	R1 180	
Anti-Inflammatory/Auto-immune Reduce inflammation and joint pain, improve circulation	R770	R787	R1 540	R1 575	
Hangover/Jet lag Recovery Drip away hangover blues and Jet Lag the healthy way, and fast!			R1 125	R1 180	
Fertility Enhances quality of eggs and sperm			R850	R900	
Menopause Assist Regulate hormones to reduce symptoms of menopause			R1 180	R1 250	
Ignite Support for sexual health, energy levels, and antioxidant defence			R1 045	R1 120	
Rehydration Rehydrate and replenish electrolytes, safe for pregnant/breastfeeding women			R320	R370	
Alpha Lipoic Acid Your body's secret weapon for optimising health, wellness and longevity.			R640	R690	
Weight Assist Assists with your weight loss journey by converting energy stores to glycogen instead of fat			R640	R690	
Biotin Grow and strengthen hair and nails, improve skin, cognitive health			R425	R480	R320
Glutamine Improve gut health and enhance muscle recovery			R430	R480	R320
Vitamin B12 A little pocket rocket to boost your energy and mood			100ml R350		R300
Trace Elements Your ultimate wellness tune-up - essential minerals for peak body function.			100ml R320		
NAD+ and NAD Neuro Recover Healthier ageing at a cellular level			Price on request		